

School Health Promotion_Nutrition Evaluation

School Demographics

* 1. Date

Date of survey DD MM YYYY
 / /

* 2. School Name

* 3. Your role within the school (For example; Principal, teacher, parent etc...)

* 4. What type of school

	Government	Catholic	Independent
Primary	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Secondary	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
P12	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Other (please specify)

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Partnerships

5. Does your school have any external organisations assisting them with healthy eating?

Organisation 1	<input type="text"/>
Organisation 2	<input type="text"/>
Organisation 3	<input type="text"/>
Organisation 4	<input type="text"/>
Organisation 5	<input type="text"/>

6. How often does your school have contact with the organisation?

	Daily	Weekly	Fortnightly	Monthly	Termly	Yearly
Organisation 1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organisation 2	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organisation 3	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organisation 4	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organisation 5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. Do you see that this partnership is beneficial to achieving the school's vision for childrens health and wellbeing?

	Yes	No	Don't know	N/A
Organisation 1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organisation 2	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organisation 3	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organisation 4	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organisation 5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8. What is the purpose of your school partnering with other organisations?

School Environment

Canteens/Other food services

9. Does your school have a canteen or other food service?

Yes

No

If yes, please explain (onsite, offsite, how many days)

10. Has your school canteen menu been audited?

Yes

No

Don't know

N/A

If yes, by who?

11. Is it important for your school canteen to make a profit?

Yes

No

Don't know

N/A

12. Does your school have a current canteen/food services policy?

Yes

No

Don't know

N/A

If yes, how often is it reviewed?

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13. Does your school have a breakfast program?

Yes

No

Don't know

If yes, how often and who runs it?

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14. As a member of the school community, how would you

	Very poor	Poor	Moderate	Good	Very good	N/A
Right now, rate the nutritional value of the foods provided at the school canteen or other food service?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Right now, rate the level of priority for nutrition at your school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Right now, rate the schools practices and policies for the promotion of healthy eating?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Right now, rate the extent to which teachers act as positive role models in the promotion of healthy eating?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Right now, rate the promotion of healthy foods at your school's social/sporting events?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Right now, rate how nutritious students lunchboxes are?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Right now, rate families support of the nutritional values of the school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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School Environment

School curriculum

15. Has your school accessed any healthy eating lesson plans / activities?

Name of resource

Name of resource

Name of resource

Name of resource

Name of resource

16. Please list and describe *one (1)* program;

Program name

How did the resources get used?

What made the resources easy or difficult to use?

What part of the resources did students find engaging?

What other resources would have been helpful in supporting the key messages from the lesson plans / activities?

How were these resources accessed?

What year levels were these resources used with?

Is this a once off activity or will your school continue to use this resource?

17. Are training opportunities and resources available to staff to enhance their knowledge and capacity to promote healthy eating?

Yes

No

Don't know

N/A

If yes, please describe

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18. Has your school been able to embed any healthy eating messages into other parts of the curriculum and/or school environment?

- Yes
- No
- Don't know
- N/A

If yes, how?

19. What other healthy eating activities have been undertaken at your school?

School Environment

Healthy Eating and Oral Health Policy

20. Does your school have a healthy eating and oral health policy that extends beyond the canteen?

- Yes - healthy eating and oral health
- Yes - healthy eating only
- Yes - oral health only
- No
- Don't know
- N/A

21. If your school has a healthy eating and oral health policy, does it extend to staff also?

- Yes
- No
- Don't know
- N/A

22. If your school has a healthy eating and oral health policy, does it include advertising, marketing and fundraising?

- Yes
- No
- Don't know
- N/A

23. If your school has a healthy eating and oral health policy, what do you see as the value of this policy?

24. If your school has a healthy eating and oral health policy, how is this policy implemented and monitored?

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25. If your school has a healthy eating and oral health policy, do you think it is effective?

- Yes
- No
- Don't know
- N/A

26. Do the foods provided by the canteen or food service reflect the key messages?

- Yes
- No
- Don't know
- N/A

27. Is tap water readily available at school at all times?

- Yes
- No
- Don't know
- N/A

28. Are students allowed to drink water in class time?

- Yes - water on table
- Yes - water in classroom
- Yes - water in bag
- No
- Don't know
- N/A

29. Are sweet drinks (soft drink, juice, flavoured water, sports drinks) allowed at school?

- Yes - in the classroom
- Yes - at break times
- No
- Don't know
- N/A

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30. Are students allowed to eat in the classroom?

Yes - Fruit and veg break

Yes - Fruit only

Yes - All foods

Yes - Lunch

No

Don't know

N/A

Other

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31. How much time is allocated for students to eat?

	10 minutes	20 minutes	30 minutes	Allocated in play time	Not accounted for
Morning Tea	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lunch	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comment

32. Does the school provide a positive eating environment that is relaxed, social, enjoyable, suitable and inviting?

- Yes
- No
- Don't know
- N/A

33. Are food and drinks used as an incentive or reward?

- Yes
- No
- Don't know
- N/A

34. Does your school have a vegetable garden?

- Yes
- No
- Don't know
- N/A

Please provide some detail

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35. Do students have the opportunity to engage in regular food related activities that are varied and culturally appropriate?

- Yes
- No
- Don't know
- N/A

Comment

